



# Inner Link

E - BULLETIN APRIL 2023-24



## YEARS OF FRIENDSHIP & SERVICE

**IIW President**  
Trish Douglas

**District Chairman**  
Rachana Malpani

**Assn President**  
Preeti Gugnani

**District Editor**  
Netra Bhakkad





## MESSAGE FROM DISTRICT CHAIRMAN



**RACHANA MALPANI**  
DISTRICT CHAIRMAN  
2023-24



प्रिय सेंटेनरी प्रेज़िडेंट्स और सदस्यों,

अप्रैल का महीना 'डिजिटल विकास' और 'खाना और पानी बचाने' के अभियान के लिए समर्पित है। आइए हम मिलकर इन क्षेत्रों में कुछ सार्थक कदम उठाएं।

**डिजिटल साक्षरता:**

गरीब बस्तियों में युवाओके लिये डिजिटल साक्षरता शिविर आयोजित करें, जहां उनको को इंटरनेट का उपयोग, ईमेल भेजना, और ऑनलाइन भुगतान करना सिखाया जाए।

खाना बचाने की पहल: अनाज और सब्जियों के दान के लिए स्थानीय मंडियों और स्टोर्स के साथ साझेदारी करें। अधिक खाने को इकट्ठा करके, हम जरूरतमंदों में बाँट सकते हैं।

जल संरक्षण कार्यशाला: समुदायों में जल संरक्षण कार्यशालाएं आयोजित करें जहां लोगों को बारिश के पानी को संचित करने, लीकेज को रोकने, और पानी के संतुलित उपयोग के बारे में बताया जाए।

ऑनलाइन कौशल विकास: ऑनलाइन प्लेटफॉर्म के माध्यम से निशुल्क कौशल विकास कोर्स प्रदान करें, जिससे लोग नए व्यावसायिक कौशल सीख सकें और आत्मनिर्भर बन सकें।

इन पहलों के माध्यम से, हम डिजिटल विकास और खाना-पानी की बचत के लिए अपने समुदाय में जागरूकता और क्रियान्वयन को बढ़ावा दे सकते हैं।

आपकी,  
रचना मालपानी  
डिस्ट्रिक्ट चेयरमैन  
डिस्ट्रिक्ट ३१३





## MESSAGE FROM DISTRICT EDITOR



**NETRA BHAKKAD**  
**DISTRICT EDITOR**  
**2023-24**



**My Dear Inner Wheel friends,**

Happy Gudi Padwa, Happy Gangaur, Happy Chaitra Navratri, Happy Baisakhi, Happy Puthandu Pohela! May the essence of all these festivals fill your life with happiness and color!

Crafting a thorough report is vital because it acts like a mirror, reflecting everything we've accomplished. It gives a clear picture of our work for anyone who reads it. By documenting what we've done, including successes and areas to improve, the report promotes transparency and accountability. It shows our dedication and skill while also helping us learn and grow. In short, a good report tells the story of our efforts and achievements. As club editors, you've all done fantastic work, and now it's time to prepare the Annual Editor Report, which I will share via email.

The Association's theme for April is "digital development," which is super important nowadays. Using digital technology helps us work faster, be more creative, and stay connected. It's essential for organizations to keep up with these changes to stay competitive. Encouraging clubs to focus on digital development projects not only teaches valuable skills but also helps them make a real difference in their communities. Let's embrace this theme as an opportunity to learn, innovate, and make a positive impact in the digital world.

Our upcoming District Event is COTI - "Club Officers Training Institute," which will be held on April 18th-20th, 2024, on the Zoom platform. IWC Nigdi Pride will host this event. I request you to keep yourselves free on these dates and attend in large numbers to shape up with great learning.

**Best regards,**  
**DE Netra Bhakkad**







**Congratulations to PAP Smita Pingle mam  
for her appointment as an  
Association CC Committee Member!**



**Congratulation**





## THE INCOMING CHAIRMANS INSTITUTE (ICI) "PRARAMBHA" FOR THE YEAR 2024-25

District 313 successfully hosted the Incoming Chairmans Institute (ICI) "Prarambha" for the year 2024-25 at Rama International, Aurangabad from April 3 to 5, 2024.

The event was adeptly led by District Chairman Rachana Malpani, with PAP Smita Pingle serving as the convenor, masterfully orchestrating the event's success. PIIWR Charuji Chinchankar and PIIWBD Roshan Chindy provided expert guidance as advisors. Local Coordinator PDC Usha Dhamne also played a pivotal role. The District Executive Committee members were instrumental in ensuring the event's success.

- Additionally, the Inner Wheel Clubs of Aurangabad, Aurangabad Central, and Aurangabad Lotus played crucial roles in organizing the logistics.







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# THE INCOMING CHAIRMANS INSTITUTE (ICI) "PRARAMBHA" FOR THE YEAR 2024-25







# THE INCOMING CHAIRMANS INSTITUTE (ICI) "PRARAMBHA" FOR THE YEAR 2024-25







## A WEBINAR FOCUSED ON RIVER CONSERVATION AND ADOPTING A SUSTAINABLE LIFESTYLE FOR THE RIVER ENVIRONMENT

District 313 organized a webinar focused on river conservation and adopting a sustainable lifestyle for the river environment. Hosted by IWC Pune, the webinar featured **Shailaja Deshpande from Jeevitnadi Foundation**, an expert in river and environment conservation. Deshpande highlighted the deteriorating condition of Indian rivers due to urban development, emphasizing how household chemicals contribute to pollution. She urged for the adoption of natural, chemical-free household products to mitigate pollution. The session underscored the interconnectedness between river health and human well-being. Opening remarks were given by **DC Rachana Malpani**, **President Shrunali Apte** introduced the speaker, and **District Secretary Dr. Asha Deshpande** delivered the vote of thanks.

### Important Points

- #Webinar focused on river conservation and adopting a sustainable lifestyle.
- #Highlighted the impact of urban development on river health.
- #Emphasized pollution from household chemicals.
- #Urged for the use of natural, chemical-free products.
- #Stressed the connection between river health and human well-being.

**Jeevitnadi**  
LIVING RIVER FOUNDATION

**CELEBRATING 100 YEARS**  
**DISTRICT 313**  
PRESENTS  
AN INTERESTING AND INFORMATIVE LECTURE BY  
**SHAILAJA DESHPANDE,**  
CO-FOUNDER OF JEEVITNADI - THE LIVING RIVER FOUNDATION  
ON RIVER REVIVAL, RIVERFRONT DEVELOPMENT AND SUSTAINABLE LIFESTYLE  
**HOSTED BY INNER WHEEL CLUB OF PUNE**  
ZOOM LINK WILL BE SHARED  
DATE- 11TH APRIL 2024 TIME- 4PM  
GET TO KNOW YOUR RIVER, HER PROBLEMS  
AND HOW YOU CAN HELP REJUVENATE HER.

**MY RIVER, MY RESPONSIBILITY**

**Shine a Light**

**STRONG WOMEN  
STRONGER WORLD**

**PRESIDENT  
SHRUNALI APTE**

**DISTRICT CHAIRMAN  
RACHANA MALPANI**






## A WEBINAR ON 'COPING WITH CLIMATE CHANGE'

IWC Pune Riverside organized a webinar on 'Coping with Climate Change,' highlighting its effects on people and the universe. DC Rachana Malpani gave the opening and welcoming remarks, President Sangeeta Mehta introduced the speaker, and Club Secretary PP Bharti Agarwal delivered the vote of thanks.


**Dr. Prashant Khankhoje**, an expert in energy-saving, climate change, sustainable and renewable energy, with 36 years of experience and a Rotarian, provided insights into the subject.


### Important points discussed:

- Reasons for threats including construction, transportation, tree cutting, and disruptions in the food chain.
- Highlighted issues like depleting drinking water on land and rising sea levels leading to land and human destruction.
- Emphasized on the tapping of solar energy in India to reduce carbon emissions, along with promoting sustainable living, use of renewable energy, waste elimination, pollution prevention, recycling, forest preservation, soil conservation, and wildlife conservation.
- Discussed solutions for reversing climate change.
- The webinar was well-received by members and Rotarians, who engaged in discussions and had their queries addressed by the speaker.

**a2z Energies**  **Shine a Light**

**DISTRICT 313**  
**INNERWHEEL CLUB OF PUNE RIVERSIDE**  
**PRESENTS**  
Informative Session On Coping with Climate Change  
**DR. PRASHANT KHANKHOJE**  
Strategic Energy Advisor On Convention & Renewable Energy Field  
& Climate Change  
**DATE: 15 APRIL 2024**      **TIME: 4PM**

  
**PRESIDENT**  
**SANGEETA MEHTA**

  
**DISTRICT CHAIRMAN**  
**RACHANA MALPANI**

  
**SECRETARY**  
**BHARTI AGRAWAL**









## CLUB OFFICERS TRAINING INSTITUTE 'SHOBHITA'



The Virtual COTI 'Shobhita' for the IW Year 2024-25 was held via Zoom platform on April 18, 19 and 20, 2024. District Chairman Elect Dr. Shobhana Palekar entrusted the responsibility to Host the COTI Shobhita, DOTI Swateja to IWC Nigdi Pride.

**Day 1, April 18:** DC Rachana Malpani Called the Meeting the order. Dist Secretary Dr.Asha recited the IW Prayer. DC Rachana Malpani extended a warm welcome and wished DCE Dr. Shobhana and Team a grand success. The Host Club President Dr. Ranjana Kadam welcomed everyone. The Lighting of Lamp Video of Dist EC Members Dignitaries and Club Team set the right tone. Convener AC Member Mukti Panse congratulated Dr. Shobhana as she is the DC for the Year 101, the first Year of the next millennium of Inner Wheel and also the Ruby Year DC of IWD 313.

The Meeting was then handed over by DC Rachana Malpani to DCE Dr.Shobhana Palekar

Dr. Shobhana highlighted the importance of COTI. She highlighted the Association Events like AP Installation at Gwalior, IIW President Installation at Kolkata, Triennial Conference at Delhi, Zonal Meets Goonj and Goals for 2024-25. She introduced every speaker for each session by describing their qualities and how they are making a difference to keep up the Inner Wheel District 313 Flag flying high.

The COTI Training Session started with PAP Smita Pingale's appropriate guidance to the Presidents with the Presentation: Club President The Leader. AC Member Mukti Panse elaborated the Role of Secretary by explaining importance of Administrative duties in the Presentation Secretary the Fulcrum of Club. Dist Secretary Elect Dr. Deepshikha spoke about her expectations from the club Secretaries. PIIWR Charu Chinchankar highlighted the importance and protocols to be followed for Membership and Club Development through her PPT on Membership Development. Dist. ESO Elect Dr Asha Deshpande expressed her expectations from club. PDC DCCCC Mohini Rathi explained the importance of referring to IIW Constitution and Handbook and Bye Laws Book. DCE Dr. Shobhana summed up the day's sessions by thanking all Faculty Members for excellent deliberations.

**Day 2, 19th April:** was kicked started by recap of day 1 by DCE Dr. Shobhana. PDC Santosh Singh wonderfully discussed and presented Fund Raising and Utilization as well as Club Budget. DC Rachana Malpani explained the role of The Treasurer: Dhanalaxmi of Club and appealed the Club Treasurers to be transparent in all financial transactions. She also guided them for the perfect up keep of Club and Charity Account Records. District Treasurer Elect Aparna Pradhan gave a gist to the Club Treasurers regarding her expectations. PAP Smita Pingale in an interesting presentation; highlighted the importance of Website and how it helps in easy access to all District information at a click of the mouse!

PDC Saylee Khandeshe made the job of Club ISOs easy by giving them a complete picture of their Role as Ambassadors of Friendship. Dist ISO Elect Netra Bhakkad explained her expectations from Club ISOs. PDC Renu Gupta elaborated on the Protocols and Etiquette to be followed during Official Meetings and IW Events. Summing up was done by DCE Dr. Shobhana Palekar.

**Day 3, 20th April:** began with a Recap of Day 2 by DCE Dr. Shobhana Palekar. She introduced Dist ESO Lata Shishankar who trained the Club Editors for their important role of Branding IW. Dist Editor Elect Smita Chakote explained the expectations from Club Editors. PDC Sunanda Hylyalkar explained the Duties of Zonal Sub Coordinator as the important Link between ZC and Clubs. PDC Nandita Nabar presented the concept of Time Management effectively.

There was a question answer session for the Club Officers to clear any queries or doubts. It was a wonderful brain storming session. All Faculty members answered the queries of the Club Officers and Members to their satisfaction. PDC Nagina Bohari was also a part of the Panel.

The Host Club invited everyone to 40th District Assembly SWARNPRABHA via a well presented Video.

DCE Dr. Shobhana expressed gratitude to each resource person, District EC Members all PDC and all members for joining in large numbers.

DC Rachana Malpani gave the concluding remarks and appreciated DCE Dr. Shobhana for a well-planned and well-designed COTI Shobhita. She gave best wishes for her tenure as the 40th District chairman of IWD 313.

DVC Dr. Shobhana proposed the formal Vote of Thanks. She thanked DC Rachana, Convener AC Member Mukti, Host Club President Dr. Ranjana and Team, all DEC, Dignitaries, Resource Persons, Members for their attendance and Zoom Host Mr.Dhanajay Dhumal.

The Meeting was concluded by DC Rachana Malpani followed by National Anthem

Synopsis compiled by event convener AC mukti panse

### ATTENDANCE REPORTS COTI- SHOBHITA

18 April - 439

19 April - 355

20 April - 521





# CLUB OFFICERS TRAINING INSTITUTE 'SHOBHITA'







## DISTRICT OFFICERS TRAINING INSTITUTE DOTI " SWATEJA "



The **DOTI Swateja** of District Chairman **Elect Dr. Shobhana Palekar** was hosted by IWC Nigdi Pride. AC Member Mukti Panse was the Convener of the DOTI that was held at **Bird Valley Banquets, Chinchwad.**

The Meeting was called to order by DC Rachana Malpani. Dist Secretary Dr. Asha recited the IW Prayer and everyone joined her. After lighting of the auspicious lamp of knowledge, the Dignitaries were escorted to the dais.

DOTI convenor Mukti Panse and President Dr. Ranjana Kadam welcomed all District EC Members, Dignitaries and incoming Dist Editor Smita Chakote to the DOTI Swateja. Convenor Mukti Panse thanked all for making COTI Shobhita very successful by guiding the Club Officers via their presentations. She wished every success to DOTI Swateja and to DC Elect Shobhana and Team for a rocking IW Year 2024-25. She felicitated all Dignitaries, Trainers and the District Officers.

DC Rachana Mapani gave her opening remarks and best wishes to DCE Dr. Shobhana and Team. She handed over the meeting to DCE Dr. Shobhana.

DCE Dr. Shobhana explained the purpose of DOTI Swateja. She thanked the Host Club Organizing Team and Convener for the successful COTI Swateja. She introduced all speakers before every presentation in her own pleasant style.

PDC Santosh Singh presented an excellent PPT to explain how the Conduct of District Officers should be during District, Association and I/W events. Her humorous narration of each slide made the audience laugh at the same time understood the message given through the slide.

PIIWR Charu ji Chinchankar's creative PPT and apt narration highlighted the importance of TEAM Work successfully. How some members think they are helping by their acts but doing exactly the opposite was shown through a beautiful video on Team Work.

Crisp Report and Crisp Minutes: PAP Smita ji Pingale explained via an elaborate PPT the importance of Crisp Reporting and Crisp Minutes. She aptly described the minutes as long enough to cover the essential part while revealing appropriate details. A very well drafted and presented training for Dist Secretary. The message of making minutes' crisp but with all essential content was highlighted very well. The Sessions of DOTI were well thought for the team to take home a lot of learning and knowledge from our IW Stalwarts PIIWR Charu Chinchankar and PAP Smita Pingale and PDC Santosh Singh.

DCE Dr. Shobhana felicitated all Trainers, Trainees and Organizing Committee Members of IWC Nigdi Pride. This was followed by an interactive session of answering the queries of incoming DEC members.

DC Rachana gave her concluding remarks and expressed happiness on the successful DOTI.

DVC Shobhana proposed the formal Vote of thanks

The organizing team quickly made arrangements for one to one training sessions with Cluster Table arrangement. PIIWR Charu ji, PAP Smita ji, PDC Dinaz ji and PDC Santosh ji gave one on one training to District Officers.

The organizing team of host Club IWC Nigdi Pride conducted the event to perfection. It was a well curated District Officers Training Institute Swateja by the District Chairman Elect Dr. Shobhana Palekar Convenor Mukti Panse ,well supported by DC Rachana Malpani, District Executive Committee Members and Resource Persons and Host Club IWC Nigdi Pride.

**Synopsis compiled by event convenor AC mukti panse**





# DISTRICT OFFICERS TRAINING INSTITUTE DOTI " SWATEJA "







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# DIGITAL DEVELOPMENT



IWC AMBAJOGAI ORGANISED INFORMATIVE SEMINAR ON HOW TO USE MEDIA AND CYBER SECURITY

IWC BARSHI CONDUCTED LECTURE ON CYBER SECURITY FOR 200STUDENTS

IWC MANCHAR CONDUCTED LECTURE ON BENEFITS OF DIGITAL MARKETING IN BUSINESS FOR STUDENTS



IWC SOLAPUR HARMONY ARRANGED COMPUTER TRAINING WORTH RS 50,000/- TO NEEDY STUDENTSDEVELOPMENT



IWC PANVEL CITY CONDUCTED WORKSHOP ON VFX AND ANIMATION WORTH RS 53,000/-



IWC KARAD ARRANGED AWARENESS LECTURE ON CYBER CRIME





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# IILM SHIKSHA



**IWC PEN - HAPPY SCHOOL RS 2,13,000/-**



**IWC PUNE UPTOWN - HAPPY SCHOOL RS 11,21,300/-**



**IWC TALEGOAN DABHADE - 2ND HAPPY SCHOOL - RS 1,76,200/-**



**IWC BANER HILLS-HAPPY SCHOOL RS 4,16,116-**



**IWC PUNE RIVERSIDE - HAPPY SCHOOL WORTH RS 3,15,000/-**



**IWC PUNE RIVERSIDE - HAPPY SCHOOL RS 1,25,000/-**



**IWC NANDED - HAPPY SCHOOL - RS6,07,500/-**



**IWC SANGAMNER - HAPPY SCHOOL 1,01,850/-**



# IILM SHIKSHA

**BEFORE**



**AFTER**



**IWC MANGALWEDHA - HAPPY SCHOOL**  
20,000/-



**IWC GALAXY NEW PANVEL -29,384/-**



**IWC JALNA HORIZON -48,000/-**

# MEDICAL



**IWC PUNE ARRANGED AWARENESS LECTURE ON PARKINSON'S STROKE, DEMENTIA AND HEALTHY AGING**



**IWC PUNE IMPERIAL DONATED 15000/- FOR COCHLEAR IMPLANT SURGERY**



**Rudra's Cochlear Implant Surgery**



**IWC SATARA CAMP ARRANGED HEALTH CHECKUP AT VILLAGE WORTH RS 5000/-**





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# MEDICAL



**IWC SOLAPUR STARLET DONATED BLIND STICKS WORTH RS 6000/-**



**IWC PUNE DAFFODILS ARRANGED BLOOD DONATION CAMP**



**IWC GALAXY NEW PANVEL DONATED DENTAL KIT OF RS 2000/-**



**IWC KALLAMB DONATED RS 5000/- TO HIV + CHILDREN**



**IWC BANER HILLS CONDUCTED FREE EYE AND DENTAL CHECKUP CAMP WORTH RS 32,000/- FOR LESS FORTUNATE CHILDREN**



**IWC PANVEL INDUSTRIAL TOWN DISTRIBUTED NUTRITIONAL SUPPLEMENTS TO UNDERPRIVILEGED WOMEN WORTH RS 2500/-**

**Estimate for Patient Treatment**

I now attached herewith for Patient: **Bareera Karanjikar**, who has been for **OPD Basic Investigations**.

Cost of procedure for OPD the patient (assuming no further complications) I would be as under:-

Estimate:-  
(approximate)  
**OPD Rs 15,000/-**  
**Rs 15,000/-**



**IWC KHOPOLI PAID RS 15,000/- AS MEDICAL EXPENSES OF NEEDY PATIENT.**



**"आस्था" कैंसर पूर्व तपासणी व जनजागृती अभियान**

माध्यमा दि.02 एप्रिल 2024 रोजी सकाळी 9.30 वाजता.

**IWC MANCHAR CONDUCTED BREAST CANCER SCREENING TEST FOR 37 WOMEN WORTH RS 6750/-**





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# IMPACTFUL PROJECTS



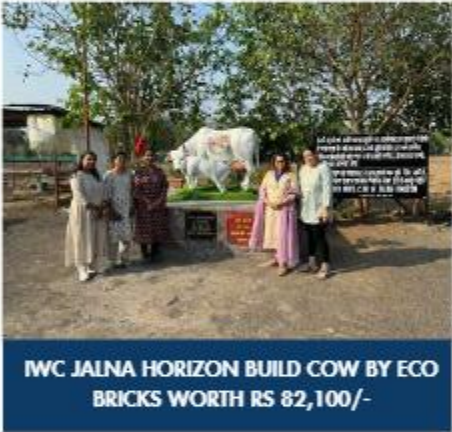
**IWC SOLAPUR DONATED FOOD FOR 7 DAYS TO ROAD SIDE CHILDREN WORTH RS 5000/-**



**IWC PUNE PLATINUM DONATED ESSENTIALS ITEMS TO AUTISM CHILDREN CENTRE WORTH RS 4000/-**



**IWC TEMBHURNI DISTRIBUTED 50 CLAY POTS FOR BIRD'S WATER ARRANGEMENT.**



**IWC JALNA HORIZON BUILD COW BY ECO BRICKS WORTH RS 82,100/-**



**IWC KHADKI DONATED WATER TANK ALONG WITH WATER PURIFIER WORTH RS 57,750/- FOR 2500 CHILDREN**



**IWC PANDHARPUR DONATED WATER TANK WORTH RS 6000/- TO OLD AGE HOME**



**IWC NARAYANGOAN BUILT TOILET FOR VEGETABLE VENDOR WORTH RS 4,50,000/-**



**IWC POONA DOWN TOWN DONATED SYNTHESIZER TO VISUALLY IMPAIRED STUDENTS WORTH RS 26000/-**



**IWC SATARA ARRANGED \* CHAI PE CHARCHA\* TO PROMOTE SMALL SCALE BUSINESS OF WOMEN, BY PROVIDING RELATED KNOWLEDGE WORTH RS 19,000/-**





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# IMPACTFUL PROJECTS



**IWC SANGOLA DONATED 6 BENCHES FOR SENIOR CITIZENS WORTH RS 18,200/-**



**IWC PUNE QUEENS DONATED GROCERIES WORTH RS 6200/- TO TRANSGENDERS**



**IWC AHMEDPUR DONATED COOLERS WORTH RS 1,00,000/- TO OLD AGE HOME**



**IWC MAHABLESHWAR ARRANGED SESSION ON MEANING OF "MANACHE SHLOK"**



**IWC NIGDI PRIDE INSTALLED 6 BIO GAS PLANT IN VILLAGE WORTH RS 1,40,000/-**



**IWC SHRIRAMPUR DONATED FOOD WORTH RS 5,500/- TO SENIOR CITIZENS**



**IWC AREA24 LATUR EMPOWERED A DIVORCED WOMAN BY PROVIDING FREE BEAUTY PARLOUR COURSE WORTH RS 25,000/-**



**IWC PANCHAGNI DONATED BLANKETS WORTH RS 6000/- TO NEEDY WOMEN**



**IWC PIMPRI CONSTRUCTED PERMANENT WATER STATION WORTH RS 18,000/-**





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# IMPACTFUL PROJECTS



**IWC LATUR ORGANISED ADVANCED CAKE BAKING WORKSHOP WORTH RS 2700/-**



**IWC PUNE CENTRAL ARRANGED FUN FAIR TO VISUALLY IMPAIRED STUDENTS WORTH RS 25,000/-**



**IWC PUNE WINGS ARRANGED LECTURE ON VARIETY OF SMALL SCALE BUSINESS OPPORTUNITIES FOR WOMEN**



**IWC PUNE MIDTOWN FELICITATED 11 TEACHERS WITH NATION BUILDER AWARD**



**IWC PUNE UPTOWN CONDUCTED SESSION ON DIFFERENCE BETWEEN LOVE AND ATTRACTION**



**IWC PUNE INSTALLED 2 SOLAR PANEL WORTH RS 70,000/-**



**IWC AURANGABAD CENTRAL DONATED CLOTHES WORTH RS 12000/- TO REMAND HOME**



**IWC MALKAPUR SUNRISE TOOK INITIATIVE TO DONATE HAIRS FOR CANCER PATIENT.**



**IWC TALEGOAN DABHADE ORGANISED MRS MAVAL 2024 AND SPENT RS 2,36,500/-**





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# IMPACTFUL PROJECTS



**IWC AHMEDNAGAR DONATED 30 SPORTS UNIFORM WORTH RS 9000/- IN SLUM AREA**



**IWC AURANGABAD ARRANGED LECTURE ON HEALTHY LIFESTYLE FOR SENIORS**



**IWC KURUDWADI HELPED NEEDY WOMAN TO BRING YOU NEW TAP (WATER) CONNECTION AT HER HOME WORTH RS 5000/-**



**IWC NEW PANVEL ORGANISED PLAY ON AWARENESS OF ANTI SUICIDE MEASURES TO BE TAKEN.WORTH RS 5000/-**



**IWC JALNA CENTRAL DONATED FOOTWEARS WORTH RS 10,000/- TO VILLAGERS**



**IWC PANVEL CITY DONATED DRAWING BOOKS AND ONE MEAL TO ORPHANAGE WORTH RS 4500/-**





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# IMPACTFUL PROJECTS



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**IWC NEW PANVEL ORGANISED PLAY ON AWARENESS OF ANTI SUICIDE MEASURES TO BE TAKEN.WORTH RS 5000/-**



**IWC JALNA CENTRAL DONATED FOOTWEARS WORTH RS 10,000/- TO VILLAGERS**



**IWC PANVEL CITY DONATED DRAWING BOOKS AND ONE MEAL TO ORPHANAGE WORTH RS 4500/-**



**IWC PANVEL ARRANGED MUSICAL NIGHT FOR SENIORS**



## ACHIEVEMENT



The Nav Chaitanya Hasya Club celebrated its 10-year anniversary by felicitating five social workers for their contributions to society. President Snehal Chordiya of IWC Pune Platinum was honored for her exemplary work. Chief Guest Makrand Tillu and Nagar Sevak Shrinath Bhimale were present at the event.



सामाजिक कार्यातील योगदान बद्दल  
पद्मश्री डॉक्टर मनिभाई देसाई पुरस्काराने  
सन्मानित करण्यात आले  
**President Suvidha Naik**  
**IWC Pune Wings**

## ACHIEVEMENT





## MEDIA COVERAGE



# ऐक्य

### आंगनवाडी केंद्र में स्कूल की बिलिंग सद्घाटित



आंगनवाडी केंद्र ठाकरवाडी आंगनवाडी में स्कूल की बिलिंग का उद्घाटन इतिहासिक अवसर रहा। मातापुत्री के हार्मो में संपन्न हुआ। इस स्कूल का उद्घाटन बल्लभ पुणे विस्मयक के सदस्यों के सहयोग से कायापलट हो रहा है। इस अवसर पर एवमा सांगवान, प्रेसिडेंट मनीता बेदा, सेक्रेटरी भारती अग्रवाल, पीपी अर्जुन, पीपी वीजा नोदी, सोनल राह और होमा अग्रवाल उपस्थित थीं।

### इनरव्हील क्लबच्या चाय पे चर्चा उपक्रमास प्रतिसाद



आंगनवाडी केंद्र ठाकरवाडी आंगनवाडी में स्कूल की बिलिंग का उद्घाटन इतिहासिक अवसर रहा। मातापुत्री के हार्मो में संपन्न हुआ। इस स्कूल का उद्घाटन बल्लभ पुणे विस्मयक के सदस्यों के सहयोग से कायापलट हो रहा है। इस अवसर पर एवमा सांगवान, प्रेसिडेंट मनीता बेदा, सेक्रेटरी भारती अग्रवाल, पीपी अर्जुन, पीपी वीजा नोदी, सोनल राह और होमा अग्रवाल उपस्थित थीं।

### सायबर क्राईमबाबत सगाममध्ये जनजागृती



सायबर क्राईमबाबत सगाममध्ये जनजागृती कार्यक्रम आयोजित करण्यात आला. यावेळी सायबर क्राईमबाबत जनजागृती करण्यात आली. यावेळी सायबर क्राईमबाबत जनजागृती करण्यात आली. यावेळी सायबर क्राईमबाबत जनजागृती करण्यात आली.

सायबर क्राईमबाबत सगाममध्ये जनजागृती कार्यक्रम आयोजित करण्यात आला. यावेळी सायबर क्राईमबाबत जनजागृती करण्यात आली. यावेळी सायबर क्राईमबाबत जनजागृती करण्यात आली.

## नायक

## आपले पुणे आपली बातमी

## नवभारत



### माठातील पाणी पिण्याचे अनेक आरोग्यदायक फायदे: शिखा गोयल

माठातील पाणी पिण्याचे अनेक आरोग्यदायक फायदे: शिखा गोयल. माठातील पाणी पिण्याचे अनेक आरोग्यदायक फायदे: शिखा गोयल. माठातील पाणी पिण्याचे अनेक आरोग्यदायक फायदे: शिखा गोयल.

### नारायणगावच्या इनरव्हील क्लबचे सामाजिक उपक्रमात मोठे योगदान



नारायणगावच्या इनरव्हील क्लबचे सामाजिक उपक्रमात मोठे योगदान. नारायणगावच्या इनरव्हील क्लबचे सामाजिक उपक्रमात मोठे योगदान. नारायणगावच्या इनरव्हील क्लबचे सामाजिक उपक्रमात मोठे योगदान.

### विश्व महिला संगठन इनरव्हील का प्रशिक्षण कार्यक्रम प्रारंभ



विश्व महिला संगठन इनरव्हील का प्रशिक्षण कार्यक्रम प्रारंभ. विश्व महिला संगठन इनरव्हील का प्रशिक्षण कार्यक्रम प्रारंभ. विश्व महिला संगठन इनरव्हील का प्रशिक्षण कार्यक्रम प्रारंभ.

### ढोल-ताशांचा गुजर, पारंपरिक वेशभूषा अन् मर्दानी खेळ



ढोल-ताशांचा गुजर, पारंपरिक वेशभूषा अन् मर्दानी खेळ. ढोल-ताशांचा गुजर, पारंपरिक वेशभूषा अन् मर्दानी खेळ. ढोल-ताशांचा गुजर, पारंपरिक वेशभूषा अन् मर्दानी खेळ.

### हिंगणदरा शाळेत इनरव्हील क्लबतर्फे साहित्य वाटप



हिंगणदरा शाळेत इनरव्हील क्लबतर्फे साहित्य वाटप. हिंगणदरा शाळेत इनरव्हील क्लबतर्फे साहित्य वाटप. हिंगणदरा शाळेत इनरव्हील क्लबतर्फे साहित्य वाटप.



# आपले पुणे आपली बातमी

एफ. बी. आतार - जुन्नर प्रतिनिधी

सोमवार ०१ मार्च २०२४



Web : <https://youtube.com/@APLEPUNE/BRATMI>

## नारायणगावच्या इनरव्हील क्लबचे सामाजिक उपक्रमात मोठे योगदान ग्रामीण भागातून ब्रेस्ट कॅन्सर तपासणीसाठी महिलांचा उत्स्फूर्त प्रतिसाद\*



तुम्ही कुटुंबाचा आधार आहात, आज्ञार संपन्न नका, आपले आरोग्य सुरक्षित ठेवण्यासाठी ब्रेस्ट कॅन्सरची तपासणी करून घ्या. डॉक्टर अमेय डोके

शिवार दिनांक ३१ मार्च २०२४ रोजी बडगाव सहागी येथे डिसेंट फाउंडेशन पुणे व इनरव्हील क्लब ऑफ नारायणगाव यांच्या संयुक्त विद्यमाने आयोजित मोफत ब्रेस्ट कॅन्सर पूर्व तपासणी विचिरामध्ये डॉक्टर अमेय डोके महिलांना मार्गदर्शन करताना बोलत होते. यावेळी ३५ महिलांची तपासणी करण्यात आली.

महिलांच्या शरीरावरील कोपताही गाढ, खप हा कॅन्सर नसतो. मनात भीती व लाज न बाळगता तपासणी करून घ्या, पहिल्या दुसऱ्या स्टेशनमध्ये कॅन्सर असेल तर तो बरा होतो. काळजी न करता आपली आरोग्य तपासणी नियमितपणे घ्या करून घ्या. कारण तुम्ही कुटुंबाचा आधार आहात. तुम्ही सुरक्षित तर कुटुंब सुरक्षित असा भौतिक सल्ला डॉक्टर अमेय डोके यांनी महिलांना मार्गदर्शन करताना दिला.

आफल्यावर संपूर्ण कुटुंबाची जबाबदारी आहे, आणि म्हणूनच गौजर आजारी पडले तर माझ्या कुटुंबाकडे कोण तडख देणार या भावनेतून बहुतांश महिला आपल्या आरोग्याची काळजी घेत नाहीत आणि गौजर कॅन्सर सारखा आजार तिसऱ्या चौथ्या अवस्थेत गेल्यावर

त्यावर उपचार होऊ लागतात. आणि रुग्ण द्यावरण्याची शक्यता असते. म्हणून महिलांनी नेहमी ब्रेस्ट कॅन्सर ची पूर्व तपासणी करून घ्यावी असे आवाहन इनरव्हील क्लब ऑफ नारायणगाव च्या चार्टर्ड प्रेसिडेंट अंजली खैरे यांनी केले.

या प्रसंगी डॉ. अमेय डोके, डिसेंट फाउंडेशनचे संस्थापक ज्येष्ठ विड्याई, सचिव फकीर आतार, इनरव्हील क्लब ऑफ नारायणगाव च्या चार्टर्ड प्रेसिडेंट अंजली खैरे, सरपंच वैशाली तांबोजी, संपालक अदिनाथ षकटगण, सेक्रेटरी रमणी घोरवे, सजिनदार सुनीला चासकर, युवा फाउंडेशनचे अध्यक्ष सुनील शिंदे, तटामुक्ती अध्यक्ष रंजु शिंदे विविध कार्यकर्त्या सोसायटीचे नेजरमन मधुकर भोर, तपासणी तज्ञ साना बेलकर, शुभांगी आराख, मदन वाळके, फकत शिंदे, मंगेश वाळके, कल्याणी वाळके, प्राथमिक शिक्षक राजेंद्र बेलवडे आदी मान्यवर व महिला भगिनी मोठ्या संख्येने उपस्थित होत्या.

ज्या तपासणीसाठी अटीच ते तीन हजार रुपयांपैल खर्च येतो, ती ब्रेस्ट कॅन्सर पूर्व तपासणी डिसेंट फाउंडेशनच्या माध्यमातून संपूर्ण तात्काळपूर्वपणे मोफत करण्यात येऊन असल्याचे यावेळी संस्थापक ज्येष्ठ विड्याई यांनी सांगितले

# इनरव्हील क्लबतर्फे रावे शाळेला इ-लर्निंग किटची भेट मुख्याध्यापकांनी केले उपक्रमाचे कौतुक



पेण, (वा.) हॅपी स्कूल अंतर्गत इनरव्हील क्लब ऑफ पेण तर्फे राविविप शाळा रावे शाळेला डिजिटल करण्यासाठी इ-लर्निंग किट व शुद्ध पाण्याची सोय मुलांना द्यावी यासाठी डॉक्टर प्युरिफायर भेट देण्यात आला. यावेळी इनरव्हील करीत असलेल्या कामाविषयी शाळेच्या मुख्याध्यापकांनी कौतुक केले व शाळा हॅपी स्कूल करण्यासाठी दिलेल्या साहित्याबद्दल आभार व्यक्त केले. यावेळी नेहा कोळी व सुनील सर उपस्थित होते. हॅपी स्कूलचे उद्घाटन ज्योती राजेच्या हस्ते, तर इ-लर्निंग साहित्य व टीव्हीचे उद्घाटन माजी अध्यक्ष तन्वी हजारे, तर वाचनालयच उद्घाटन प्रीती गुडडे व भावना पापारे हिच्या हस्ते झाले, तर स्वीकरसेट

राजश्री म्हात्रे व रुची महाले यांच्या हस्ते भेट देण्यात आला. इनरव्हील क्लब ऑफ पेणतर्फे हॅपी स्कूलसाठी रावे शाळेची निवड करण्यात आली होती. या शाळेत इ-लर्निंग किटसह टीव्ही भेट देण्यात आला, तसेच ६० हजारची वाचनालयासाठी पुस्तके देऊन सुरुवात वाचनालय व स्पीकर, माईक सेट भेट देण्यात आला. शिवजयंतीनिमित्त मुलांची वक्तृत्व स्पर्धा घेण्यात आली. त्यात मुलांनी छान भाषण करीत छत्रपती शिवाय्यांबाबत आपले विचार व्यक्त केले. इनरव्हीलच्या अध्यक्ष ज्योती अवघडे यांनी मुलांची प्रगती पाहून समाधान व्यक्त केले व कौतुकही केले.

### प्रभात

## दुर्गम अंबवडेत पेटणार निर्धूर चुली

### इनरव्हील क्लब कराडचा उपक्रम

वे.स. १५ (शनिवार) - दुर्ग अंबवडेत आज रात्रीपासून निर्धूर चुली जळवत असून इतर चुलीतून काढून काढत त्या वा उष्णतेने त्यांच्याकडे चुली नसून राखण आणू पंचायतीने याबाबत बळकट होण्याचा प्रयत्न आहे. इतरही कल्याण वा अंबवडेत राखण करून घेण्याचा प्रयत्न होत आहे.



सहकारी कल्याण करत होणा आहे. सहकारी कल्याण करत होणा आहे. सहकारी कल्याण करत होणा आहे. सहकारी कल्याण करत होणा आहे. सहकारी कल्याण करत होणा आहे.

## दळणासाठीची पायपीटही थांबणार

जेव्हा पायपीट करत होती. दुर्ग अंबवडेत राखण करत होणा आहे. सहकारी कल्याण करत होणा आहे. सहकारी कल्याण करत होणा आहे. सहकारी कल्याण करत होणा आहे.

## साकड्यांच्या सुवाचे प्रत्यक्ष धांड्याकार

साकड्यांच्या सुवाचे प्रत्यक्ष धांड्याकार. साकड्यांच्या सुवाचे प्रत्यक्ष धांड्याकार. साकड्यांच्या सुवाचे प्रत्यक्ष धांड्याकार.

## आंगणवाडी केंद्र मध्ये स्कूल की विल्डिंग उद्घाटित



आंगणवाडी केंद्र साकड्यांच्या सुवाचे प्रत्यक्ष धांड्याकार. साकड्यांच्या सुवाचे प्रत्यक्ष धांड्याकार. साकड्यांच्या सुवाचे प्रत्यक्ष धांड्याकार.





# SPOTLIGHT OF ASSOCIATION PROJECTS

**Association of Inner Wheel Cl...**  
Sonal Bansal · 38m · 🌐

\*District\*\* \*Number\* : \*313\*  
\*Project\* \*Name\* : Funfair in Jagruti S... See more

**IWC PUNE CENTRAL**

**Sonal Bansal**  
Top Contributor · 1m · 🌐

\*DISTRICT NUMBER\* : \*313\*

\*PROJECT NAME\* : \*Shine A Light\* In The Lives of Less Fortunate\*

\*CLUB NAME\* : \*Inner Wheel Club Of Satara Camp\*... See more

**IWC SATARA CAMP**

**Sonal Bansal**  
Top Contributor · 1h · 🌐

\*DISTRICT NUMBER\* : \*313\*

\*PROJECT NAME\* : \*Helping the Needy\*

\*CLUB NAME\* : \*Inner Wheel Club Of Satara Camp\*

\*Project Goal\* : \*To Make Day Today Li... See more

**IWC SATARA CAMP**

**Association of Inner Wheel Cl...**  
Sonal Bansal · 1h · 🌐

🟢 District Number-313  
🟣 Project Name - Gift of projector ... See more

**IWC PEN**

**Sonal Bansal**  
Top Contributor · Just now · 🌐

\*District Number\* 313

\*Project name\*- Comprehensive Health Checkup Camp for women residing in slum area

\*Club name\*- INNER WHEEL CLUB OF PUNE ... See more

**IWC PUNE**

**Sonal Bansal**  
Top Contributor · 10h · 🌐

District Number: 313  
Project Name: Sponsoring \*HAND\* \*WASH\* \*Station\* to Z.P School  
Club Name: IWC of Pune Central  
Project Goal: Health and Hygiene for school children  
Description... See more

**IWC PUNE CENTRAL**





# SPOTLIGHT OF ASSOCIATION PROJECTS



**Sonal Bansal**

Top Contributor · 1m · 🌐

PROJECT NO. 108

\*District Number\* 313

\*Project name\*- Comprehensive Health Checkup Camp for women residing in slum area... See more



**IWC PUNE**



**Sonal Bansal**

Top Contributor · 57m · 🌐

- ◆ Innerwheel Club Akluj ◆
- 🎯 Project On Youth Day

👉 District Number - 313

📄 Project Name - Distribution of Sports Material to School... See more



**IWC AKLUJ**



**Sonal Bansal**

20h · 🌐

District Number -313

Project Name - Help for Opening a Parlar to become self sufficient

Club name- IWC Solapur... See more



**IWC SOLAPUR**



**Association of Inner Wheel Clubs in India**

Sonal Bansal · 40m · 🌐

\*District Number\*- 313

\*Project Name\*- Donation of Wheel, W... See more



**IWC PIMPLE SAUDAGAR**



**Sonal Bansal**

Top Contributor · 5m · 🌐

District Number : 313

One member one project name : donation on the occasion of women's day.

Club Name : IWC Pune queens pune... See more



**IWC PUNE QUEENS**





# SPOTLIGHT OF ASSOCIATION PROJECTS



## Association of Inner Wheel Clubs in India

Sonal Bansal · 1h · 🌐

District Number 313

Project Name - IWC branding & village development

Club name- IWC Ahmedpur... See more



**IWC AHMEDPUR**



**Sonal Bansal**

Top Contributor · 43m · 🌐

PROJECT NO- 75  
\*District Number\* 313

\*Project Name\* Artificial Intelligence Demystified

\*Club name\* INNER WHEEL CLUB OF PUNE... See more



**IWC PUNE**



**Sonal Bansal**

Top contributor · 1h · 🌐

\*Project No : 118\*

\* District Number: 313\*

\* Project Name - donation of N0 smoke stove to 5 Families\*... See more



**IWC KARAD**



**Sonal Bansal**

Top Contributor · 1h · 🌐

District Number :- \*313\*

Project Name :- \*HAPPY SCHOOL NO 2- Shri Varsubai Madhyamik Vidyalay, Malegaon, Maval, Pune.\*

Club name :- \*IWC BANER HILLS\*... See more



**IWC BANER HILLS**



**Sonal Bansal**

Top Contributor · 28m · 🌐

1. \*District Number\*- 313
2. \*Project Name\*- \*Happy School\*
3. \*\*Club Name - Inner Wheel Club of Satara\*  
\*SATARA\*... See more



**IWC SATARA**



**Sonal Bansal**

Top Contributor · 13m · 🌐

\*District Number: 313\*

\*Project Name\*- ILM Shiksha HAPPY SCHOOL PROJECT

\*Club Name\* Inner Wheel Club Of Pathan... See more



**IWC PAITHAN**





# SPOTLIGHT OF ASSOCIATION PROJECTS

**Sonal Bansal**  
Top Contributor · 47m · 🌐

\*District Number - 313\*

\*One member\*

\*One Project Name\* - Help to known underprivileged people

\*Club Name\* - Inner Wheel Club of Pu... See more

**IWC PUNE CENTRAL**

**Sonal Bansal**  
Top Contributor · 45m · 🌐

District Number 313  
Project Name - Happy School  
Club name- Iwc Lonand  
Project Goal - ILM  
Date- 9/03/2023  
Project details- At Z.p.school(Indeera nagar) in Lonand.This is an underprivileged scho... See more

**IWC LONAND**

**Sonal Bansal**  
Top Contributor · 44m · 🌐

\*District Number\*: 313

\*Project Name\*- Workshop on VFX & Gaming

\*Club name\*- INNER WHEEL CLUB OF PANVEL INDUSTRIAL TOWN... See more

**IWC PANVEL INDUSTRIAL TOWN**

**Sonal Bansal**  
Top Contributor · 46m · 🌐

- District Number-313
- Project Name-Inauguration of Water Station
- Club name-innerwheel club of jalna horizon
- Project goal-Rights And Responsibility
- Project date-9-4-2024
- Project venue-MIDC Jalna... See more

**IWC JALNA HORIZON**

**Sonal Bansal**  
Top Contributor · 38m · 🌐

District Number - 313

Project Name :Developing Women Entrepreneurs .

Club name- IWC Ahmednagar Venus

Project Goal -Entrepreneur developmen... See more

**IWC AHMEDNAGAR VENUS**

**Sonal Bansal**  
Top Contributor · 1h · 🌐

- District Number - 313
- Project Name - Happy School project
- Club name- Inner Wheel Club of Pen
- Project Goal - Digital Development in School, Happy school
- Project date & venue -Friday 5/04/2024, at RZP School Varvane, Pen... See more

**IWC PEN**





# SPOTLIGHT OF ASSOCIATION PROJECTS

**Sonal Bansal**  
Top Contributor · 45m · 🌐

\*Project Number\* 22  
  
\*District \* 313  
Club Name : PUNE MIDTOWN

\*Project Goal: Adopt & Build dedicated to Senior Citizens... See more



## IWC PUNE MIDTOWN

**Sonal Bansal**  
Top Contributor · 55m · 🌐

District Number 313  
Project Name Any other  
Club name IWC mahabaleshwar  
Project goal hepl to a brilliant student for education  
Project details with date and venue  
A boy from MES English medium sch... See more



## IWC MAHABLESHWAR

**Sonal Bansal**  
Top Contributor · 45m · 🌐

District Number- 313  
  
Project Name - Teacher's Day celebration IILM 360 .  
  
Club name- IWC Pune Uptown.... See more



## IWC PUNE UPTOWN

**Sonal Bansal**  
Top Contributor · 25m · 🌐

- District Number-313
- Project Name-Matka distribution
- Club name-innerwheel club of jalna horizon
- Projec goal-Rights And Responsibility
- Project date-7-4-2024
- Project venue-Hanuman Mandir... See more



## IWC JALNA HORIZON

**Sonal Bansal**  
Top Contributor · 22m · 🌐

- District Number: 313\*
- One member One Project Name\* - Distribution of Lemon water
- Club Name\* - Inner Wheel Club of Jaina Horizon... See more



## IWC JALNA HORIZON





# SPOTLIGHT OF ASSOCIATION PROJECTS

**Sonal Bansal**  
Top Contributor · 9m · 🌐

- Project: 96
- District Number- 313
- Project Name- Mrs. Maval 2024 Competition
- Club name- Inner Wheel Club of Talegaon Dabhade
- Project Goal - Strong Woman Stronger World- Women Empowerment... See more

**IWC TALEGOAN DABHADE**

**Sonal Bansal**  
Top Contributor · 1h · 🌐

- District Number - 313
- Project Name - Happy School project
- Club name- Inner Wheel Club of Kurduwadi
- Project Goal - Safe and clean ... See more

**IWC KURUDWADI**

**Association of Inner Wheel Cl...**  
Sonal Bansal · 2h · 🌐

\*District Number\* - 313 \*... See more

**IWC PANVEL**

**Sonal Bansal**  
Top Contributor · 4m · 🌐

- \*District Number: 313\*
- \*One member One Project Name\* Drinking water station At Shevgaon
- \*Club Name\* - IWC Shevgaon... See more

**IWC SHEVGAON**

**Sonal Bansal**  
Top Contributor · 13m · 🌐

- District Number - \*313\*
- Project's name - \*Happy School\*
- Club's name - \*Inner Wheel Club of Ehor\*
- Project Goal - \*ILM - Happy School\*... See more

**IWC BHOR**

**Association of Inner Wheel Cl...**  
Sonal Bansal · 9m · 🌐

District Number: 313... See more

**IWC KHADKI**





International Inner Wheel



### SPOTLIGHT OF ASSOCIATION PROJECTS



**Sonal Bansal**  
 Top Contributor · 1h · 🌐

♥️♥️♥️♥️♥️♥️♥️♥️♥️ District Number\* - 313

♥️♥️ Project Name\* - \*SAMARTHYA 2024\*

TRAILBLAZER

RISING STRONG 🙌🏻 ... See more



**IWC LATUR**

**Sonal Bansal**  
 Top Contributor · Just now · 🌐

\*District Number: 313\*

\*One member One Project Name\*- Distribution of earthen pots for water to birds.

\*Club Name\* Iwc Tembhorni... See more



**IWC TEMBHURNI**

**Association of Inner Wheel Cl...**  
 Sonal Bansal · 22m · 🌐

PROJECT NO. 106  
 \*District Number\* 313... See more



**IWC PUNE**

### SPOTLIGHT OF ASSOCIATION PROJECTS

**International Inner Wheel**  
 8h · 🌐

District 313  
 Donation of Wheel Chair for the Hospital Inner Wheel Club of Aurangabad.  
 The IWC of Aurangabad on 01st February 2024 had conducted a project at Hedgewar Hospital. On the occasion of Inner Wheel Day. We have donated Two Wheel chairs to the Hospital for the convenience of patients who are unable to walk. The cost of the wheel chairs is Rupees 21450.00 Eleven members were present for the project. Expenses : Rs.21450/-



**IWC AURANGABAD**

**International Inner Wheel**  
 2h · 🌐

D313 INNER WHEEL CLUB OF PANVEL INDUSTRIAL TOWN... See more



**IWC PANVEL INDUSTRIAL TOWN**





**PDC Raj Nahar**  
**YEAR OF SERVING (2015 - 2016)**  
**31th District Chairman**

**Personal Details**

Birth Date: 8th December

Address:

Tata Township, Khopoli

Mob No : 9960588188

Email: [naharaj2008@gmail.com](mailto:naharaj2008@gmail.com)

**Educational Qualification:**

M.Sc. (Physics)

Diploma in Training and Development

Certified NLP practitioner

Certified Parenting coach

**Career:** Trainer, Parenting Coach

**Hobbies:**

Learning new things, reading, upgrading  
ourselves, cooking for near and dear ones.

**PDC मानाचा मुजरा**

**Inner Wheel Information**

**Posts held & Awards received at Club Level:**

- -Joined Inner Wheel – 2004-05
- -Club Correspondent – 2006-07
- -Club ISO – 2007-08
- -Club President – 2008-09

**Awards Received**

- Star President award, Trophy for Anti dowry & Legal aid,  
Trophy for Best efforts for Club Development and certificates

**Posts Held & Awards received at District Level**

- -Zonal Subcommittee chairman – 2009-10
- -District ISO – 2011-12
- -District Treasurer – 2012-13
- -District Secretary – 2013-14
- -District Vice Chairman – 2014-15
- -District Chairman – 2015-16
- -Association Council member – 2016 -17
- -District Literacy Committee Chairman – 2016 -17
- -District PDAF coordinator – 2017-18
- -District Mission Mamta Coordinator – 2019 -20
- -Scrutiny Committee Chairman – 2020-21
- -Award committee Chairman – 2021-22
- -District South Asia Rally Coordinator – 2011-23

**Awards received at National level:**

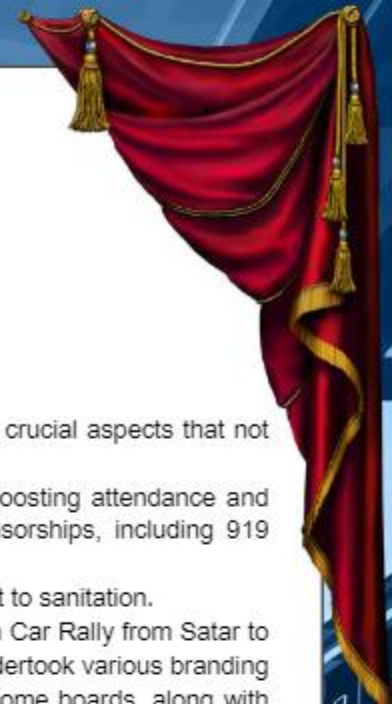
- -Trophy for all over best performance in the field of Literacy –  
at National level by RILM
- -Trophy for Installation of maximum no. of e learning set ups  
(RDEP) in schools – at national level by RILM

**District Executive Committee of 2014-2015**

- Association council member – Mrs. Geeta Mamniya
- District Vice chairman – Mrs. Dinaz Tarapore
- District Secretary – Mrs. Renu Gupta
- District Treasurer – Mrs. Saylee Khandeshe
- District ESO – Mrs. Mohini Rathi
- District ISO – Mrs. Anuradha Chandak
- District Editor – Mrs. Santosh Singh
- **No of Clubs: 62**
- **No. of Members: 2589**
- **No. & Names of clubs added: 2, IWC Shevgaon, IWC  
Panvel Industrial Town**
- **No. of Souvenirs released - 1**
- **No. of Newsletters released - 1**
- **No of e bulletins - 12**







#### Projects done by clubs during tenure as D.C.:

- During my tenure as D.C., the focus of the Association was primarily on Sanitation & Literacy, crucial aspects that not only addressed pressing needs but also elevated Inner Wheel's reputation.
- In Literacy, District 313 excelled, establishing 64 e-learning setups in schools, significantly boosting attendance and academic interest among children. Moreover, over 1500 children received educational sponsorships, including 919 under Asha Kiran.
- Notably, 910 toilet blocks were constructed under the club's initiative, furthering our commitment to sanitation.
- To enhance Inner Wheel's image, Club organized impactful events like the 'Sarhragini' Women Car Rally from Satar to Mahabaleshwar and innovative initiatives like the Treasure Hunt in Jalna. Additionally, clubs undertook various branding efforts such as adopting and developing a square and installed big logo, hoardings, and welcome boards, along with donating solar panels adorned with our emblem.
- We also empowered over 1500 women through entrepreneurial ventures and vocational trainings, fostering financial independence and personal growth.

#### Any additional District Event Organized:

- COTI – Club Officers' Training Institute @ Ahmednagar
- TEACH Workshop – Lakshyawedh (Host Club – IWC Pimpri)

#### Any changes brought about at District Level:

Started COTI : Club officers Training Institute separately before the Assembly. This practice is adapted since then in our District.

#### Any Inter-District, Association, International Event attended:

-14th Triennial Conference @ Kolkata attended by 120 members, second highest in Association.  
Once Upon a Time ... in Goa (A fellowship meet of Past, Present and Future Leaders) with PDC and District EC members.

#### Memories or Highlights:

District Assembly – "Lakshya" attended by 467 members (highest ever then)  
District Assembly – "Spruha" attended by 461 members (highest ever then)  
Members Inducted – 492 (Highest in Association)

#### About Inner Wheel:

In the gentle embrace of Inner Wheel, we find ourselves enveloped by a tapestry of compassion and empathy. As we tread this path of selfless devotion, it becomes our way of life, radiating its luminous spirit in every facet of our lives.

Long Live Inner Wheel!

Inner Wheel hai to hum hain!







## PDC मानाचा मुजरा



### PDC DINAZ TARAPORE

(2016-17)

A TRAILBLAZING JOURNEY THROUGH INNER WHEEL

IIW THEME: "TOUCH A HEART"

### District Executive Committee

- District Chairman- Dinaz Tarapore 2016-17
  - AC Member-Raj Nahar
  - District Vice Chairman-Renu Gupta
  - District Secretary -Saylee Khandeshe
  - District Treasurer-Anuradha Chandak
  - District ESO-Dr Savithri Raghupathi
  - District ISO-Gauri Joshi
  - District Editor-Mukti Panse
  - District CCCC-PIIWR Charu Chinchankar
- Dinaz Tarapore's journey within Inner Wheel is a testament to the profound impact of education and a diverse career background, culminating in her remarkable term as District Chairman of District 313 during 2016-2017. Armed with an M.A. in English, Dinaz has had a distinguished career spanning over 35 years as an English lecturer at several prestigious colleges in Darjeeling, Delhi and Mumbai and as PRO and Editor of Annual Reports of KEM Hospital and Research Centre in Pune. Beyond her professional endeavours, Dinaz finds joy in reading and travelling.
- Dinaz embarked on her Inner Wheel Voyage in 2001 as a member of Inner Wheel Club of Poona Downtown and became the 32nd District Chairman of District 313 in the year 2016-2017. During her term, the IIW theme "Touch A Heart" guided her leadership, emphasizing the power of kindness and meaningful actions as she worked alongside IIW President Oluyemisi Alatise of Nigeria and Association President Prabha Raghunandan.
- Dinaz actively participated in a range of events, including the Inter District Meet "Prem Prateek" with IIW President Oluyemisi in Puri and Association Events- ICI "Prarambh" and "Ignite" the South Asia Literacy Summit in Chennai, "Pravah" the installation of AP Prabha Raghunandan in Ranchi, "Protsahan" the West Zone District ECs Training in Anand and the Installation of AP Elect Patricia Hilton and AC Meeting in Dehra Dun. She also attended the IIW Convention in Melbourne, Australia, connecting with Inner Wheel members worldwide.





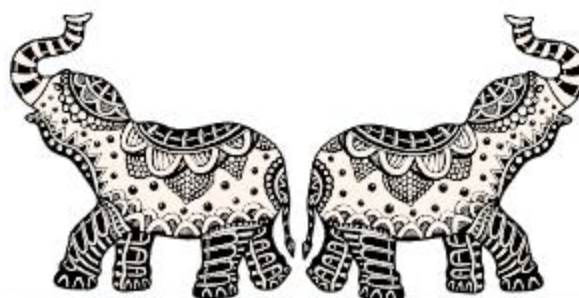


## PDC मानाचा मुजरा

### Projects done by clubs during tenure as D.C.

- During her tenure, two new clubs, IWC Karjat and IWC Pathardih, were added to the District, enhancing the organization's membership to 2822 in 4 Zones. With 62 clubs under her purview, Dinaz's leadership left an indelible mark. One of the hallmark achievements during her term was the "LITERACY" project, which touched the lives of 65 Happy Schools. This initiative not only trained 1,348 teachers but also empowered 2,184 adults with literacy skills. Furthermore, it recognized 214 individuals with the Nation Builder Awards, supported 76 children through Asha Kiran and provided 48 Rural Development Education Programs (RDEPs) and 32 computers for E-learning. Dinaz's District also contributed to Women's empowerment projects, donated an ambulance to transport needy rural women to hospital and organized events such as Car Rallies, Marathons and Sports for the Handicapped. Health Check-up Camps were conducted, ensuring comprehensive healthcare support. The District also played an active role in various community initiatives, including repairing 1,000 leaking taps in a town, establishing IW Nurseries with a record one lakh plants, creating Inner Wheel Chowks and installing Benches at railway stations. Prominent walls were adorned with IW messages and slogans and the District's projects and events garnered extensive media coverage, with over 500 appearances across newspapers and other media outlets.
- 
- Dinaz's term as District Chairman commenced with a mission to touch hearts through kind words and impactful actions. Her participation in training sessions, official club visits and Installations across Maharashtra allowed her to connect with club members who welcomed her with warmth and sincerity. Key highlights included the presence of esteemed IIW Dignitaries at the District Rally "KUNASHNI," celebration of the iconic IWC Pune's Golden Jubilee and the inauguration of 15 Happy Schools at Sangamner by AP Prabha Raghunandan. Notably, the District received RILM Literacy Awards for "Best Overall Performance," "Best in E Learning," and "Best DLCC 2015-16" at the Literacy Summit in Chennai.
- 

Dinaz Tarapore emphasizes the importance of Continuity, Consolidation and Commitment for the future of Inner Wheel. She urges members to build upon the work of past Inner Wheel generations, unite in common goals and harness corporate and governmental support when necessary. The ultimate ambition is to eradicate illiteracy in India, a lofty goal achievable through unified efforts and unwavering dedication. Dinaz Tarapore's journey as District Chairman in Inner Wheel District 313 epitomizes the impact that a dedicated and passionate leader can have. Her diverse career, education and commitment to service have left a lasting legacy and her words of wisdom provide a roadmap for Inner Wheel's future success.







## PDC मानाचा मुजरा



**RENU GUPTA**

**(2018-19)**

EMPOWERING CHANGE THROUGH COMPASSION IN INNER WHEEL

**IIW THEME: "EMPOWER AND EVOLVE"**

### **District Executive Committee**

- District Chairman-Renu Gupta 2018-19
  - AC Member-Dr R Savithri
  - District Vice Chairman-Saylee Khandeshe
  - District Secretary-Santosh Singh
  - District Treasurer-Mukti Panse
  - District ESO-Anuradha Chandak
  - District ISO-Rachna Malpani
  - District Editor-Dr Shobhana Palekar
- During her tenure as District Chairman, Renu Gupta emerged as a personification of friendliness and compassion. Believing in a lifelong pursuit of learning, she epitomized this ethos by embodying the mantra, "Keep learning as long as you live. The day you stop learning, you stop living." Married to Rtn. Dhiren Gupta, with two sons, daughters-in-law and two grandchildren, Renu's multifaceted career encompasses authorship, education and wellness coaching.
- Her educational background - BA in English literature, Sanskrit literature and Psychology - reflected her diverse interests. Beginning in 1990, she initiated a book library to cultivate reading habits in children, a venture that garnered tremendous response. Her professional journey saw her excel as an Associate Manager with the World Book Encyclopedia, ranking as the second highest in sales across India. In 2019, Renu diversified her expertise by delving into Neuro- Linguistic Programming (NLP), aiding individuals dealing with emotional challenges. The following year, she ventured into becoming a Healthy Lifestyle Coach, aiding many in reclaiming good health. Additionally, she explored the realm of numerology, enriching her pursuits. Beyond her professional endeavors, Renu indulged in hobbies spanning travel, friendship building, culinary arts, music and painting.



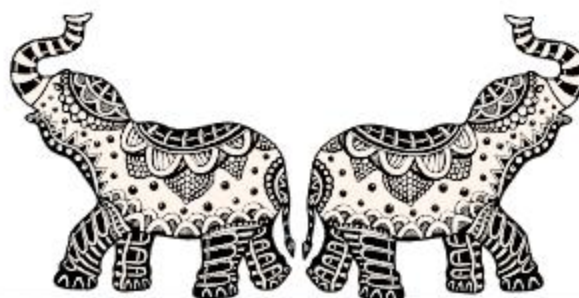




## Projects done by clubs during tenure as D.C.

- Joining Inner Wheel in 1999-2000, as a member of Inner Wheel Club of Pune, she embraced its values and contributions passionately. Serving as District Chairman in 2018-19, her leadership coincided with the IIW theme "Empower and Evolve" of International President Christine Kirby under the guidance of Association President Smita Pingale.
- Renu's tenure witnessed dynamic involvement in Inter-District Events like the Car Rally Karnama with District 314 and Association Events such as the ICI Patna Car Rally Karnama. Nationally, she participated in the IIW Triennial Conference in Pune as the Host District Chairman.
- Under her leadership, two new clubs-IWC Sonai and IWC Sinhgad-sprouted, expanding the District to encompass five zones and 67 clubs, accommodating a membership of 3022, with 120 members added to the tally.
- Renu Gupta assumed the role of District Chairman with a profound sense of honour, entrusted with steering a District steeped in a rich and storied heritage. Under her guidance, 45 clubs rallied behind the impactful "Cycle of Love" project, distributing 200 bicycles to students in need. Her pivotal position as Host District Chairman for the Triennial Conference offered a wealth of learning experiences, enriching her leadership journey. Her signature project, focused on organ donation, collaborated with Sahyadri Hospital Pune. Through a video campaign, it inspired a young wife to donate her deceased husband's organs, granting nine individuals a new lease on life.
- Renu held two initiatives particularly close to her heart: the establishment of a Model Village and the formation of a Trust. Despite their potential to elevate the organization's brand and impact, these projects regrettably faced shelving. Nonetheless, this setback became a pivotal lesson, emphasizing the significance of adept people management, fostering trust among colleagues, seniors and members, moulding a profound understanding for Renu and the collective team. Reflecting on her tenure, Renu found fulfilment in witnessing the District's growth and the impact of initiatives, expressing pride in Inner Wheel's values and the dedication of its members.

For the future, Renu emphasizes the imperative for heightened recognition, despite the organization's representation within the United Nations. She advocates for a transformative worldwide project, similar to Rotary's monumental Polio eradication effort, aiming to etch an enduring mark on the global stage. Renu also advocates continued learning, technological integration and a sustained focus on compassion and empowerment to propel the organization's impact and growth







## PDC मानाचा मुजरा



### SAYLEE KHANDESHE

A LEGACY OF UNWAVERING COMMITMENT

District Chairman ( 2019-2020 )

IIW Theme: "Together We Can"

### District Executive Committee

- District Chairman-Saylee Khandeshe 2019-20
- AC Member-Renu Gupta
- District Vice Chairman-Anuradha Chandak
- District Secretary-Mukti Panse
- District Treasurer-Rachna Malpani
- District ESO-Santosh Singh
- District ISO- Dr Shobhna Palekar
- District Editor-Lata Shivshankar

- Saylee Khandeshe's journey within Inner Wheel is underpinned by a solid educational background and a diverse career that has culminated in her remarkable tenure as the District Chairman of District 313 for the year 2019-20.
- With a Bachelor's degree in Fine Arts from the esteemed JJ School of Arts, Saylee's career has exhibited impressive versatility, spanning a range of creative fields including visual arts, cartooning, advertising photography and dietetics. Her wide-ranging skill set is a testament to her passion for exploring creative endeavors. Beyond her professional life, Saylee's interests encompass cooking, classical music and classical dance.
- Saylee's Inner Wheel journey began in 2008-09, when she became a member of the Inner Wheel Club of Ahmednagar, marking the inception of her remarkable voyage within this global women's organization. Her dedication and leadership abilities became evident when she assumed the pivotal role of District Chairman for District 313 during the year 2019-20. Throughout her tenure, the guiding theme was "Together we Can," underscoring unity and collective action. Phyllis E Charter served as the IIW President during Saylee's tenure and Mamta Gupta held the esteemed position of Association President.





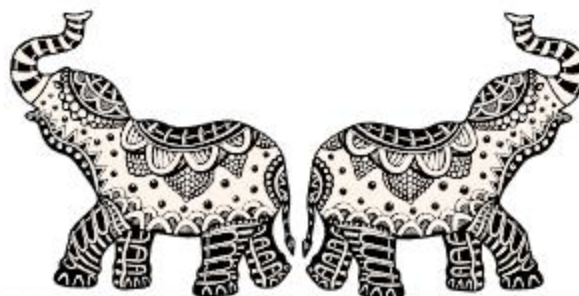


## PDC मानाचा मुजरा

### Projects done by clubs during tenure as D.C.

- During her tenure as District Chairman, Saylee actively participated in various pivotal events, including the Association President's Installation in Kolkata, the National Meet "Mirethon" in Udaipur and the West Zone Meet in Goa. She also made her presence felt at the 18th IIW Convention in 2020-21, a global assembly that facilitated connections with like-minded individuals from around the world.
- 
- Under Saylee's leadership, District 313 comprised five zones with a total of 66 clubs and 2068 members. The hallmark of her tenure was the signature project aimed at aiding the flood-affected regions in Maharashtra. Inner Wheel members extended their support by providing essential items such as food, utensils, medicines, clothing, sanitary pads and more to the affected communities. In addition, awareness campaigns were conducted to promote the adoption of orphaned children, resulting in 12 girl children going through the adoption process.
- 
- Notably, Saylee's leadership during the COVID-19 pandemic left an indelible mark. Inner Wheel clubs distributed vital supplies, including PPE kits, medical resources, meals and financial assistance to support vulnerable communities. They also raised substantial funds for critical initiatives such as the PM CARE Fund and the Maharashtra CM Fund.
- 
- Reflecting on her tenure, Saylee fondly recalls a journey filled with gratitude, satisfaction and pride. She extends her heartfelt appreciation to the Club Presidents, Secretaries and members who played a pivotal role in contributing to various social causes, epitomizing the true spirit of Inner Wheel.
- 

Saylee Khandeshe shares a profound message, urging Inner Wheel to "पाय मातित असू दे, हात भिडू दे आकाशी," which translates to "Let your feet remain grounded, but let your aspirations reach for the sky." This vision encapsulates the essence of Inner Wheel and its potential for a bright and impactful future. Saylee's tenure as District Chairman stands as an inspiring testament to the strength of collective action and compassion. Her diverse background, unwavering commitment to service and forward-thinking vision for the future of Inner Wheel continue to have a lasting impact on the organization and society at large.







## INNER WISDOM

### CHANGE YOURSELF YOUR HEART; AND NOT THE WORLD.

Many relationships fail because one party tries to overpower another, or demands too much.

People in love tend to think that love will conquer all and their spouses will change the bad habits after marriage. Actually, this is not the case. There is a Chinese saying which carries the meaning that "It is easier to reshape a mountain or a river than a person's character."

It is not easy to change. Thus, having high expectation on changing the spouse character will cause disappointment and unpleasantness.

It would be less painful to change ourselves and lower our expectations.

Once upon a time, there was a king who ruled a prosperous country. One day, he went for a trip to some distant areas of his country. When he was back to his palace, he complained that his feet were very painful, because it was the first time that he went for such a long trip, and the road that he went through was very rough and stony. He then ordered his people to cover every road of the entire country with leather.

Definitely, this would need thousands of cows' skin, and would cost a huge amount of money.

Then one of his wise servants dared himself to tell the king, "Why do you have to spend that unnecessary amount of money? Why don't you just cut a little piece of leather to cover your feet?"

The king was surprised, but he later agreed to his suggestion, to make a "shoe" for himself.

**There is actually a valuable lesson of life in this story:  
To make this world a happy place to live, you better change yourself - your  
Heart; and not the World.**







## MANGO CREAM WITH ICE CREAM

### INGREDIENTS

- 1 . FRESH ALPHONSO MANGOES
- 2 . AMUL FRESH CREAM 1 KG
- 3 . POWDER SUGAR 100 GM
- 4 . MANGO ICE CREAM OR VANILLA ICE CREAM ONE SCOOP

### PREPARATION :-

- 1 . CUT MANGOES INTO DICE.
- 2 . MIX AMUL FRESH CREAM WITH 100 GM OF POWDERED SUGAR WITH THE HELP OF SPOON ( DO NOT USE BLENDER TO MIX).
- 3 . KEEP IT FOR 4 TO 5 HOURS FOR COOLING.

### STEP'S TO GO WITH :-

- 1 . TAKE GLASS OR A BOWL
- 2 . ADD DICE AND MANGO PIECES.
- 3 . ADD SOME CREAM.
- 4 . AGAIN ADD MANGO PIECES
- 5 . ADD A SCOOP OF ICE CREAM OF YOUR CHOICE.
- 6 . NOW COVER IT WITH CREAM.
- 7 . DECORATE IT WITH MANGO SLICES OR DICE PIECES.

SUMMER SPECIAL, DELICIOUS AND MOUTH WATERING MANGO CREAM WITH ICE CREAM IS READY TO SERVE.

## MANGO COCONUT CRUMBLE (QUICK AND EASY RECIPE)

### INGREDIENTS:

#### FOR FILLING:

- \* 2 CUPS OF DICED RIPE MANGO
- \* 2 1/2 TBSP OF CORN FLOUR
- \* 1/2 CUP OF POWDERED SUGAR OR AS PER YOUR REQUIREMENT.

#### FOR THE CRUMBLE:

- \* 150 GM OF FLOUR
- \* 50 GM OF OATS
- \* 80 -100 GM OF BROWN SUGAR
- \* 1/2 CUP OF DESICATED OR FRESH SHREDDED COCONUT
- \* 100 GM OF BUTTER

### RECIPE

#### MANGO FILLING:

IN A BOWL, TAKE DICED MANGO, ADD CORN FLOUR AND POWDERED SUGAR, AND TOSS IT WELL. KEEP ASIDE FOR A WHILE. FOR COCONUT CRUMBLE, IN OTHER BOWL TAKE BUTTER, SHREDDED OR DESICATED COCONUT, OATS, FLOUR, AND MIX IT WELL WITH YOUR HANDS. NOW, ASSEMBLE THE MANGO CRUMBLE. ADD THE CRUMBLE MIXTURE OVER THE MANGO FILLING IN YOUR BAKING DISH.

#### TIME TO BAKE:

BAKE THE MANGO CRUMBLE FOR 35 -40 MINUTES. CRUMBLE HAS TURNED A BEAUTIFUL GOLDEN COLOR.

#### READY TO SERVE:

ONE CAN HAVE IT AFTER BIT COOLING DOWN(15 MINUTES LATER) OR CAN HAVE AS A DESSERT SERVING WITH A VANILLA ICE CREAM SCOOP ON IT. (CAN KEEP IN REFRIGERATOR FOR 3- 4 DAYS).

VIJAYA KOTHARI  
IWC PANVEL CITY



## उकडीचे आंबा मोदक

पारी साठी साहित्य: 1 वाटी तांदूळ पीठ, अर्धी वाटी पाणी, अर्धी वाटी आमरस, 1 चमचाभर तुप आणि चवी नुसार मीठ .

सारण साठी साहित्य: 1 वाटी नारळाचा चव, पाउण वाटी आमरस, थोडा गुळ आणि वेलची पूड .

कृती: आधी सारण तयार करू प्रथम एका कढईत सारणाचे सर्व साहित्य एकत्र करून परतून घ्या . सारण खुप घट्ट नको .

पारी साठी. गॅस वर एका पातेल्यात पाणी आणि आमरस घालून गरम करायला ठेवा याला उकळी आली की त्यात तांदूळ पीठ घालून चांगले मिक्स करून. झाकण ठेऊन एक वाफ आणावी गॅस बंद करावा. पीठ एका ताटात काढून चांगले मवू मळून घ्यावे आणि मोदक तयार करावे आणि वरुण एक एक केशर चा तुकडा लावा तयार मोदक चाळणीत ठेऊन वाफवून घ्या. चवीला खूप छान लागतात.

NIKITA AGARWAL  
IWC AURANGABAD LOTUS







## मैंगो बर्फी बनाने के लिए सामग्री

आम के टुकड़े - 1 कप दूध - आधा कप नारियल कद्दूस - 3 कप इलायची पाउडर - 1/4 टी स्पून केसर - 1 चुटकी चीनी - 1 कप (स्वादानुसार)



### मैंगो बर्फी बनाने की विधि

मैंगो बर्फी बनाने के लिए सबसे पहले आम को छील कर काट लें और फिर उसमें आधा कप दूध डालकर मिक्सी में पीस लें फिर उसके बाद कढ़ाई में PASTE डालकर धीमी आंच पर पकाएं फिर चीनी डालकर चलाएं जब तक चीनी उसमें घुल जाए फिर उसमें तीन कप नारियल घिस कर डाल दें और पकाएं और एक तरफ कटोरी में थोड़ा सा गुनगुना दूध लेकर उसमें केसर के धागे घोल लें अब केसर के धागे वाले घोल को कढ़ाई में प्युरी के साथ मिक्स कर लें और 10मिनट तक पकाएं और इलायची पाउडर डालकर गैस बंद कर दें इसके बाद एक थाली के तली पर घी लगाकर इस मिश्रण को फैला दें ..सेट होने के लिए आधा घंटा छोड़ दें... फिर उसको चाकू से बर्फी के आकार में काट कर रख दें ... स्वादिष्ट बर्फी तैयार है

THANK YOU

EDITOR MONAL RASTOGI  
INNER WHEEL CLUB OF NANDED

### Raw mango chatani

#### कैरीची चटणी



First grind dry ingredients then wet ingredients and mix well tasty chatani is ready

Dr Dipali londhe  
IWC kalamb

### Ingredients

दोन कैरी  
दोन कांदे  
शेंगदाणे १कप  
लसूण पाकळ्या ७तेट  
जिरे २ चमचे  
हळद  
चवीनुसार मीठ  
लाल मिरची पावडर



### Mango desert

Ingredients- Milk 1/2 liter, sugar 1 bowl, custard powder 3 tablespoon, Mango 2, Mango pulp or Mango sauce, dry fruits, tutfruty & cherry for garnishing

Method- First boil 1/2 milk. Add 3 table spoon custard powder in room temperature milk & mix it in the boiled milk & mix sugar & boil it till it becomes thick. then keep it aside & let it cool. Then refrigerate it & cool it. cut Mango in small cubes & add them to custard milk. In serving bows add some Mango pulp or Mango sauce, add kismiss & Mango custard, on topping add cut dryfruits, tutfruty & some Mango pulp & garnish it with cherry. Let it set in refrigerator for 15 minutes & then your tempting & mouthwatering Mango desert is ready to serve

Shalini Vatanju



### Mango Pepper Salsa



### MANGO PEPPER SALSA

1 ORANGE OR ANY COLORED BELL PEPPER  
1 ALPHONSO MANGO OR 1/2 CUP MANGO CHUNKS ( ANY VARIETY )  
1 TOMATO  
2-3 GREEN CHILIES OR 1 JALEPINO  
2 SPRING ONIONS CHOPPED  
2-3 GARLIC CLOVES  
1 TSP ROASTED CUMIN POWDER  
SALT TO TASTE  
CHILI FLAKES TO TASTE  
HANDFUL OF CILANTRO  
JUICE OF 1/2 LIME

### PROCESS-

ROAST BELL PEPPER, TOMATO, GARLIC, AND CHILI BLEND ALL THE INGREDIENTS & SERVE IT WITH CHIPS, NACHOS

EDITOR- VINAYA HARDIKAR  
IWC KHOPOLI





# इनरव्हील की शान

आओ बहनो, तुम्हे सुनाने कहानी इनरवीलकी  
सो साल पहले पड़ी थी, अनमोल नींव इसकी  
दुनियामे चारो ओर झंडा इसका फहराया था  
आजभी लहरायेगा वह कलमी लहरायेगा  
लेडी मागरिटने नारी मंच बनाया है  
दुनियाये इसका अव्वल नंबर आया है

प्रकाशकी रोशनी दिखाने नारीशक्तीको अपनाया  
नारीयोने उसे दिन दुना रात चौगुना कर दिखाया  
भारलये हुआ प्रस्थापित बडे शानसे  
देखते ही देखते पहावेत हुआ ठाठबाटसे  
बडा हमारा भाग्य है मना रहे है शतकवर्ष  
गर्वसे कहने को हो रहा है बडा हर्ष  
मैत्रीका वादा किया है प्रेमसे निभायेंगे  
जरुरतमंद को मददका मकसद पुरा करेंगे  
समझो ना हमे नारी, हम है चिंगारी  
फुल गये तो फुल है, वरना कोटोंकी क्यारी  
हमे नाज है इस बातपर-

आंतरराष्ट्रीय पदपर इन्होने मारी है बाजी  
ऊंचे ऊंचे पदपर ये सारी बिराजी  
आंतरराष्ट्रीय पदपर है विभुषित ममता गुप्ता  
बरखुबीसे निभा रही है VICE PRE- का नाता  
TRE- के पदपर विराजमान है लूणानी सरीता  
DIST. 313 की सेक्रेटरी है देशपांडे आशा  
DISTचेअरमन बनी बड़ी शानसे मालपाणी रचना  
विश्वास के साथ रोशन किया नाम अपना  
हमे नाज है हमभी नाम करेंगे रोशन  
कार्य इनका देखकर तृप्त हो गये लोचन  
ऐसा मेरा महान इनरवील, क्या करू बरवान  
महिया इसको वरनी न जाए, इतना कार्य महान

**PAST PRESIDENT ARUNA RATHI**  
**IWC PUNE**





## हेल्दी डाइट रेसिपी

## Mango Salsa

### Ingredients

1. Ripe mango( cut into small pieces)
  2. Boiled Rajma / sweet corn
  3. Red bell peppers ( cut into small pcs)
  4. Green bell peppers ( cut into small pcs)
  5. Onion ( cut into small pcs)
  6. Tomato ( cut into small pcs)
  7. Green chilly finely chopped
  8. Lemon juice 1 tb spoon
  9. Salt to taste.
  10. Coriander leaves finely chopped.
- Mix all the ingredients together n serve.





# Birthday Queen



**DVC**  
**DR SHOBHANA PALEKAR**  
**5th April**



**PDC**  
**DR SUNEETA RADDI**  
**12th April**



**PDC**  
**SHARMILA PALKAR**  
**27th April**







TREA. KISHORI RATHI



9th April

IWC solapur  
harmonu



PRE SANJEEVANI  
KHANDAKE



11th April

IWC patan



ISO KALPANA SHINDE



14th April

Iwc Ambajogai



PRE SUNITA KATRELA



16th April

IWC Ambajogai



TREA. ANJU PREMI



20th April

IWC poona North



EDTR VAISHALI KHAIRNAR



20th April

IWC sangamner



ISO SHUBHANGI  
KHURASANE



21st April

IWC Mahableshwar



TREA. SANPADA  
DESHPANDE



22nd April

Iwc Ahmednagar



SEC LATA KELA



24th April

IWC Aurangabad  
lotus



EDTR SWATI PATIL



25th April

IWC karad sangam



EDTR RITU RATHI



25th April

Iwc solapur  
harmony



# Happy Birthday











# STAR BULLETINS OF APRIL

**INNER WHEEL CLUB OF SATARA CAMP**  
CHAPTER NO - 2442 YEAR 2023 - 24  
INNER WHEEL DISTRICT 313 (INDIA)  
FRIENDSHIP AND SERVICE

**सदाफुली**  
March

**Inner wheel club of kalamh**  
District -313 Charter no-5710

Bulletin -9, March edition

**Drishti**  
A vision on

WORLD EMPOWERMENT

**Inner Wheel Club of Pune Platinum**  
District Number - 313 Charter Number - 2814

**सखी**

On this festive occasion of Holi, let's forget all differences and unite in the spirit of love and togetherness.  
Happy Holi!

Volume 2  
March 2024

**INNER WHEEL CLUB OF PIMPRI**  
INNER WHEEL DISTRICT 313 (INDIA)  
Charter No. 4596, Year 2023-2024

**PEHCHAAN**  
BULLETION NO. 10.

IW PRESIDENT: **TRISH DOUGLAS**

ASSOCIATION PRESIDENT: **PREETI GUGNANI**

DISTRICT CHAIRMAN: **RACHANA MALPANI**

PRESIDENT: **ARCHANA RATHOD**

EDITOR: **SAVITA INGALE**

SECRETARY: **ANINDITA MUKERJI**

**INNER WHEEL CLUB OF AHMEDNAGAR**  
Year 2023-2024

**सृजन**  
The Creation

**INNER WHEEL CLUB OF PARVEL CITY**

दूरप्रज्ञाने च देवी चम्पतिर्भवति सर्वरा  
जद्री शक्ति जयन्तिवा

Bulletin No. 21 Charter No. 2281 20th April 2024

District Chairman: **Dr. G. Bhatnagar** Association President: **Preeti Guggani**

President: **Dr. Anurag**

**ABHIMAAN**  
INNER WHEEL CLUB OF NIGDI PRIDE  
DISTRICT 313 CHAPTER NO. 1907

SAVE WATER  
SAVE LIVES

With Love

**InnerWheel Club of Pandharpur**  
Dist 313 (India) Charter No. 2643

THEME 2023-24: **SHINE A LIGHT**

IW President: **Trish Douglas** District Chairman: **Rachana Malpani** Secretary: **Anindita Mukerji**

IWC President: **Anurag Bhatnagar** IWC Secretary: **Arvika Anandkar** IWC Editor: **Laxmi Anandkar**

ISSUE: 4 **पालवी** Jan-Mar 2023

**Growth of IWC**

**Shine a light**  
Inner Wheel 2023-2024

**PRERANA**  
BULLETIN 10 INNER WHEEL CLUB OF MANOHAR

**INNER WHEEL CLUB OF BEED**  
Inner Wheel District 313 (India)

Bulletin No. 04 Charter No. 2289 Release Date: 20/04/24

**UMANG**

**ICW Galaxy Beem Parvel's GALAXY TIMES**  
By Editor: **Laxmi Anandkar**

District Chairman: **Rachana Malpani** District Editor: **Rachana Malpani**

Club President: **Dr. Anurag Bhatnagar** Club Secretary: **Shruti Parikh**







# "The Inner Wheel IQ Quest"

# THE WINNER

1. Editor Rupali Dange IWC karad
2. Editor Alka Yerolkar IWC Udgir
3. Pratibha Dangi IWC panvel city
4. Editor Dr Anshu Sharma IWC Solapur
5. Editor Ritu Tayal IWC pune Riverside
6. Editor simran Khan IWC panchagni

## Key Answers

1) Yes 2) Yes 3) No 4) Yes 5) Yes 6) Year following her year as IPDC

## DO YOU AGREE ???



## 6 ways to become more mature



Accept the  
reality



Control your  
emotions



Take care of your  
mental health



Don't judge  
too early



Be silent over  
nonsense fights



Don't depend  
on others for  
happiness







बीता हुआ **कल** तुम्हारे **दिमाग** में है  
और आने वाला **कल** तुम्हारे **हाथ** में है

*thank you*

**your  
future**



**NETRA BHAKKAD**

**313 District Editor 2023-24**

**Mob no: 99607 90058**

**Email:**

**[bhakkadnetra313@gmail.com](mailto:bhakkadnetra313@gmail.com)**